

Health Office

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Emergency Contact/Information Form

This form is sent home in late August/early September. Parents are required to provide this information in case of injury or illness. It is important to inform the school in writing of any changes during the year.

Health Concerns

Please inform the nurse/school of any contagious diseases, changes in health status or unusual health concerns that your child may have. With this information, we are better able to meet the health and safety needs of your child.

Medication Guidelines

Students are not allowed to carry prescription or over-the-counter medications (including cold medications, Tylenol, Motrin, etc.) while in school without a physician's order and parental consent. In the event a student should need medication during the school day, please follow these NYS guidelines:

- 1) a written order from your child's physician stating the name of the medication, dosage, frequency and time of administration.
- 2) A written statement from the parent/guardian requesting administration of the medication in school.
- 3) Delivery of the medication to the health office by a parent/guardian in a properly labeled/ pharmacy container.
- 4) Emergency medications such as epipens and inhalers can be carried by those students who are determined to be self directed with written orders from the student's medical provider.

Physical Exam Requirement

All students new to the school and those in grades 7 and 10 are required to have a physical exam signed by a physician on file in the health office. A physical exam performed within 12 months prior to the start of the school year is acceptable.

School Health Screenings

Schools in NYS are required to provide the following health screenings:

- 1) Vision screening for all newly enrolled students and all students grades 7 and 10.
- 2) Hearing screening for all newly enrolled students and all students in grades 7 and 10.
- 3) Scoliosis screening for all students in grades 6 through 9.

Sports Forms

In order for any student to participate in an interscholastic sport, they must have a current physical exam (done within the last 12 months prior to the start of the sports season) and a sports health update form on file in the health office. The sports health update, which is filled out by a parent, is a requirement for every sport season and is used to validate the current physical. (Additional information may be requested such as illness/injury clearance)